

THE FAMILY CENTER WORKS TO STRENGTHEN FAMILIES AFFECTED BY ILLNESS, CRISIS, OR LOSS TO CREATE A MORE SECURE PRESENT AND FUTURE FOR THEIR CHILDREN. WORKING WITH US, FAMILIES STAY STRONGER. LONGER.









WE HAVE CLIENTS AND FORMER CLIENTS INVOLVED IN EVERY ASPECT OF THE FAMILY CENTER, INCLUDING OUR BOARD OF DIRECTORS, WHICH GIVES US A UNIQUE PERSPECTIVE INTO HOW WE CAN HELP FAMILIES. ::IVY GAMBLE COBB, EXECUTIVE DIRECTOR

he Family Center (TFC) helps New York City families in crisis stay stronger, longer with proven, comprehensive services that address healthcare, social, and legal needs and—above all—help establish and maintain stability in the lives of the children in these families. We help parents and caregivers facing life-threatening illness reduce the impact of their circumstances on the daily lives of their families.

Over 90% of our clients are single women raising children under age 18 years and living in poverty. With our help, critically- and terminally-ill parents and caregivers who cannot work are able to access services and benefits that prevent a complete family breakdown. We also provide a Buddy Program, which pairs adult mentors with children and provides the friendship, fun, and stability so desperately needed by a child in crisis. The Buddy Program reflects the hands-on, personalized, transformative nature of our work.

In 2012, our child welfare programs marked a 92% success rate helping families keep children out of foster care by creating safe, healthy homes. Our attorneys won 92% of cases for TFC clients on critical issues such as disability insurance and food stamps. Clients in our Diabetes Prevention and Control Walking Club covered the equivalent of two times around the earth, lost weight, and improved their blood-sugar levels significantly. These accomplishments are a few of the markers that demonstrate how our programs help families remain stable and productive.

The Family Center is always developing ways to help strengthen the New York City community, and this year, we are thrilled to be opening The Irene LeeKong Health & Wellness Institute at The Family Center. This innovative institute is designed with the needs of our clients in mind and will offer a full range of counseling services to youth and their families who are struggling with mental illness. The new institute will serve 250 children and teens annually.

In 2014, we will celebrate our 20th year and helping over 10,000 New York clients! As we prepare for this exciting milestone, we reflect on all the vulnerable families who have grown stronger as we continue to help New York City families in need. Sincerely,

Amy Yates Canone Board Chair

Ly Gamble Cobb, Executive Director



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# TWO LANGUAGES,

n October 2012, at the age of 11, Alexis moved to the United States from the Dominican Republic. He left behind the only home he had ever known. Saying goodbye to the grandparents who had raised him, Alexis joined his mother and three siblings in New York City. His world changed suddenly and radically.

# SHY AND CONFUSED, A CHILD STRUGGLES

Transitioning to the United States was a tremendous challenge for Alexis, which troubled his devoted mother. His siblings were strangers to Alexis and his struggle to bond with them caused family friction. Shy and unable to speak much English, Alexis couldn't make friends. Confused by his new environment, he had trouble adapting to it. Not surprisingly, Alexis had a tough time concentrating in school.

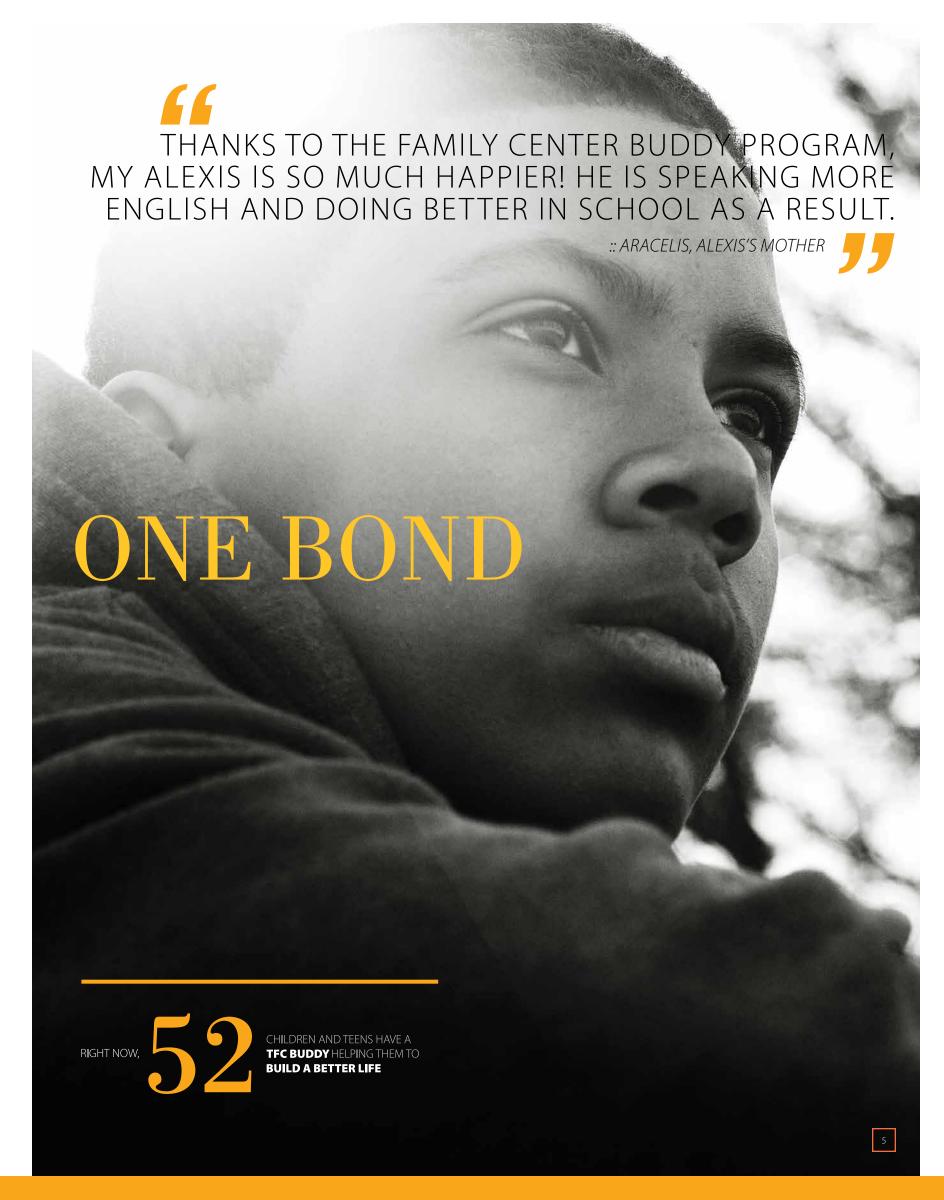
# AN UNLIKELY PAIR REALLY CLICKS

A case planner in Family Net, a Family Center child welfare program, observed the family dynamic and made what would become a life-changing suggestion for Alexis: provide a Family Center Buddy. He was paired with Albert Meng, a member of the TFC Leadership Council. Alexis spoke but a few words of English, and Albert spoke no Spanish. Yet, the two connected immediately. Born and raised in New York, Albert is the son of Chinese immigrants and understood the monumental challenges Alexis was facing. Albert was patient and compassionate.

Spending time with his Buddy, Alexis was able to practice his English and explore his new hometown. He gained confidence and started to feel more at home in his family and his new country. He showed more interest in school, which thrilled his mom, who teaches her children that education is the cornerstone of a better life. In six months, Alexis developed a better relationship with his family and his test scores have gone up.

# MUCH MORE ENGLISH AND A DASH OF CHINESE

Buddy Albert remains a driving force in the life of young Alexis as mentor, friend, motivator, and role model. Now 13, Alexis—who speaks English like a pro and has even learned a word or two of Chinese—is often heard telling people he really looks up to Albert. With the support of his family and Buddy, Alexis is on track to thrive and have a wonderful childhood and bright future



# THE FAMILY CENTER PROGRAMS AND SERVICES

Every day at The Family Center, we provide services that help strengthen and support families. Seeing the positive results of these programs reinforces how important they are to vulnerable New Yorkers. Our expert social, legal, and healthcare-coordination services help to keep vulnerable NYC families stronger, longer.

# COUNSELING AND CASE **MANAGEMENT**

TFC clients are carefully assessed in order to provide counseling that meets their particular needs. Social workers work very closely with both families and individuals to work through acute and ongoing challenges in individual, family, and group counseling. All TFC staff members work with families to access crucial benefits for them, such as Social Security, Food Stamps, and Section 8 Housing Vouchers. We provide ongoing oversight of all the benefits provided.

# PARENTING AND CHILD DEVELOPMENT

Early Support for Lifelong Success specifically addresses the well-being, school readiness, and safety of children aged 0 – 5 years who have experienced prenatal exposure to HIV. It also addresses keeping children at home and avoiding foster care. Children are given a developmental assessment and interventions as necessary. These interventions include art therapy and play therapy, which are truly valuable and proven modalities for children too young to articulate their struggles.

# CHILD WELFARE SERVICES

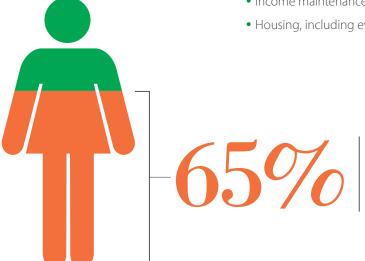
The evidence-based programs of TFC provide intensive preventive services that keep children and teens in their homes, with their families, and out of foster care. We:

- Develop ways to minimize the challenges faced by teens struggling with truancy, substance abuse, and gang involvement
- Provide counseling for families with young children
- Serve as a designated provider of services, by the NYC Administration for Children's Services, for families with teens identifying as LGBT (Lesbian/ Gay/Bisexual or Transgender)
- Provide services that include one-on-one counseling, family counseling, and case management
- Coordinate recreational activities that nurture and build family strength

# LEGAL SERVICES

Attorneys represent our clients in court on the following issues:

- Long-range plans, such as standby guardianships
- Family law, including child custody and visitation
- Income maintenance, including food stamps
- Housing, including eviction and repairs



Of 1,330 people screened for diabetes risk through 2012, 65%

TFC WORKS CLOSELY WITH FAMILIES AT-RISK TO ENSURE A HEALTHIER LIFESTYLE, INCLUDING THE TREATMENT AND COUNSELING THEY NEED TO SUCCESSFULLY MANAGE THEIR ILLNESS.

# HEALTH CARE COORDINATION

We provide intensive, individualized medical case-management for parents and caregivers with life-threatening illnesses, including cancer, HIV, and diabetes. All services are designed to meet each client's unique needs. Our expert health professionals work with clients to obtain and maintain quality healthcare and utilize medication-adherence techniques. Clients also receive education in healthy lifestyle habits, including diet and exercise.

### THE BUDDY PROGRAM

Children facing crisis or the loss of a loved one often need someone to talk to. The Buddy Program pairs adult volunteer mentors with children ages 6 through 16 years. Each mentor, or Buddy, provides a "Little Buddy" with friendship and positive new experiences, while serving as a role model. The Buddy experience is consistently cited by children as one of the most rewarding aspects of their lives.

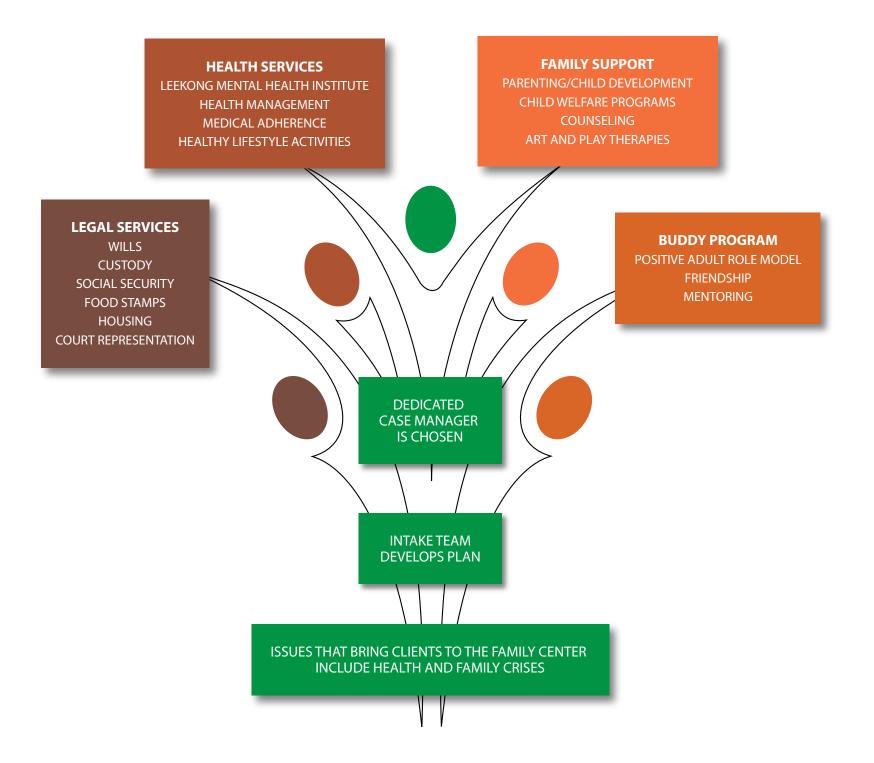
I'M A SINGLE DAD AND JUST LOST MY PARTNER. IN ADDITION TO GRIEVING, MY DAUGHTER CLARISSA AND I HAD TO FIND A NEW PLACE TO LIVE. WITHOUT THE FAMILY CENTER, WE WOULD HAVE BEEN FORCED TO MOVE INTO A SHELTER. IN OUR NEW HOME, AND WITH FAMILY CENTER COUNSELING, WE CAN FOCUS ON MOURNING AND RECOVERING. "ALEJANDRO, CLIENT

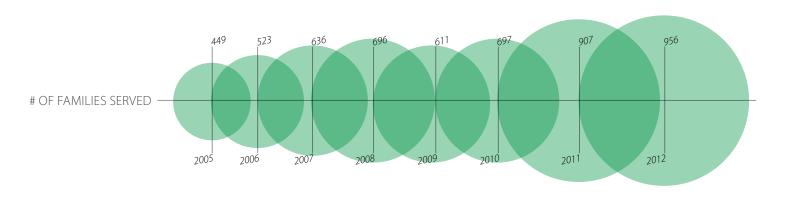


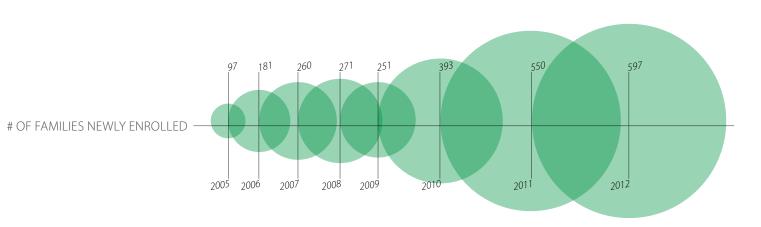
HEALTH CARE COORDINATION services via THE FAMILY CENTER in and experienced

# HOW THE FAMILY CENTER KEEPS FAMILIES STRONGER, LONGER.

The Family Center completes a comprehensive assessment of each client to determine their needs. A case planner then works personally with the client family to set up and follow through on the appropriate programs and services and ensure successful outcomes.





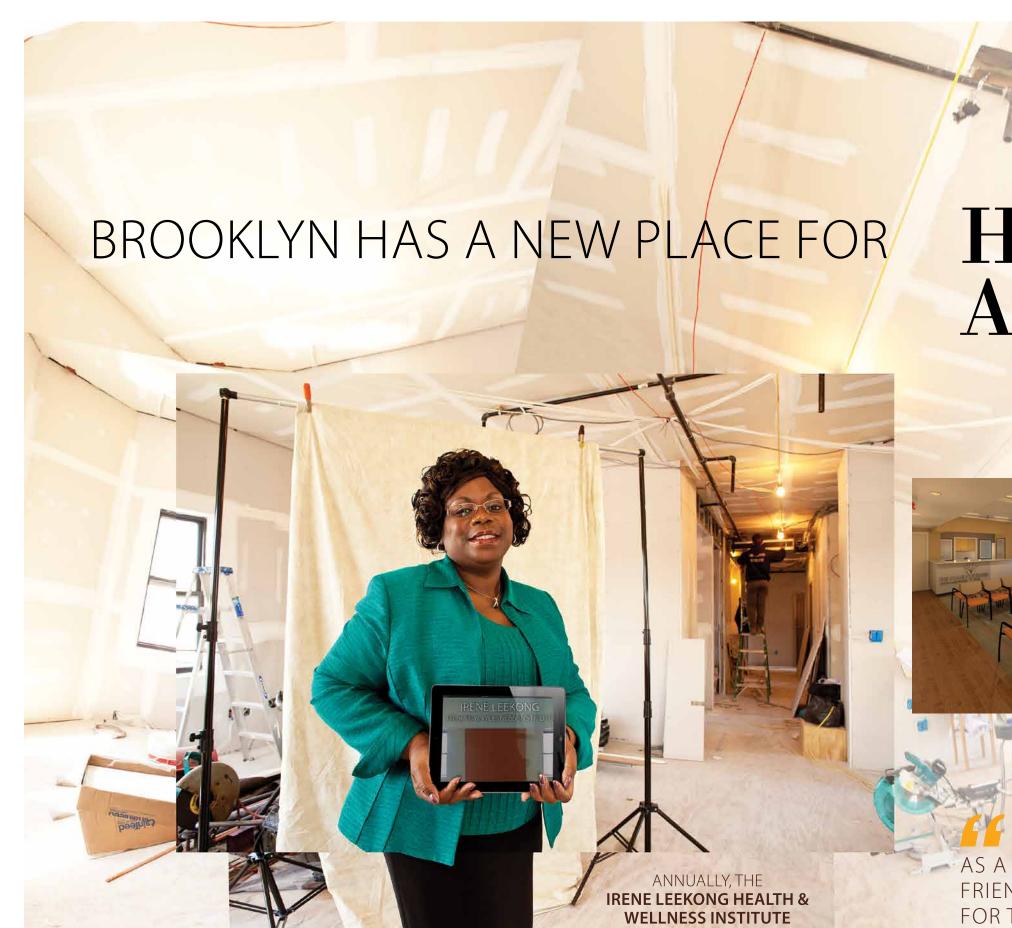


THE FAMILY CENTER'S PASSION FOR KEEPING FAMILIES STRONGER, LONGER CONSTANTLY INSPIRES ME AND THE RESULTS ACHIEVED BY THE ORGANIZATION NEVER CEASE TO IMPRESS ME! THE PROGRAMS OFFERED BY THE FAMILY CENTER ARE INCREDIBLY TRANSFORMATIVE, AND THE STAFF IS TRULY DEDICATED TO PROVIDING EXCELLENT SERVICE TO THEIR CLIENTS. "INICOLE JALA, SENIOR CONTRACTS MANAGER, GOOGLE INC.



# LEADERSHIP COUNCIL

Local professionals passionate about The Family Center volunteer to raise awareness of our organization and funding for our work. Members host fundraising events and advocate for TFC with their corporate employers. Leadership Council members often participate in volunteer outings with client families, including picnics in the park, bowling, and holiday events.



HEALING AND HOPE

The Family Center has served the Bedford-Stuyvesant community since our founding in 1994. Over the years, we have observed that poverty in the communities of Central Brooklyn can severely exacerbate mental illness. The Irene LeeKong

> Health & Wellness Institute at The Family Center will open with a Clinic Director, psychiatrist, and numerous therapists with great expertise in counseling children and teens. Annually, the Institute

will be able to provide 250 young people—and their families—with the help they need.

Named for a lifelong Bedford-Stuyvesant resident and maternal grandmother of a TFC Board Member, The Irene LeeKong Health & Wellness Institute truly embodies our work to build supportive, sustainable networks for vulnerable children and their families.







WILL PROVIDE

AS A CHILD, I REMEMBER THAT MY HOUSE WAS ALWAYS WELCOMING TO MY FRIENDS. MY GRANDMOTHER ALWAYS KEPT A DOOR OPEN, AND AN EYE OUT, FOR THE KIDS IN THE NEIGHBORHOOD. SHE FELT THAT EVERYONE DESERVED A SAFE PLACE. THE IRENE LEEKONG HEALTH & WELLNESS INSTITUTE AT THE FAMILY CENTER WILL BE BUILT ON THAT PREMISE; WE ARE CREATING A SANCTUARY FOR YOUTH AT RISK AND STRUGGLING WITH EMOTIONAL ISSUES.

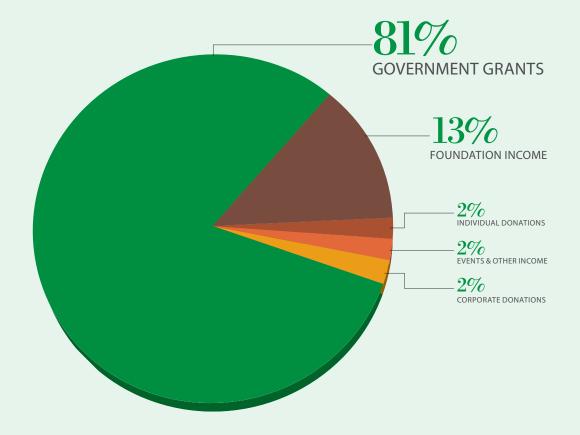
:: AREN LEEKONG, MANAGING DIRECTOR, HIGHBRIDGE PRINCIPLE STRATEGIES; THE FAMILY CENTER BOARD OF DIRECTORS

CREDIT SUISSE'S FINANCIAL SUPPORT OF THE FAMILY CENTER'S VITAL MISSION IN SERVICE OF THEIR CLIENTS IS DRIVEN BY THE LONG-TERM INVOLVEMENT OF OUR EMPLOYEES WHO ARE MOTIVATED TO IMPROVE THE LIVES OF OTHERS THROUGH THEIR TIME AND TALENTS. "ERIC ECKHOLDT, FOUNDATION EXECUTIVE DIRECTOR, CREDIT SUISSE AMERICAS

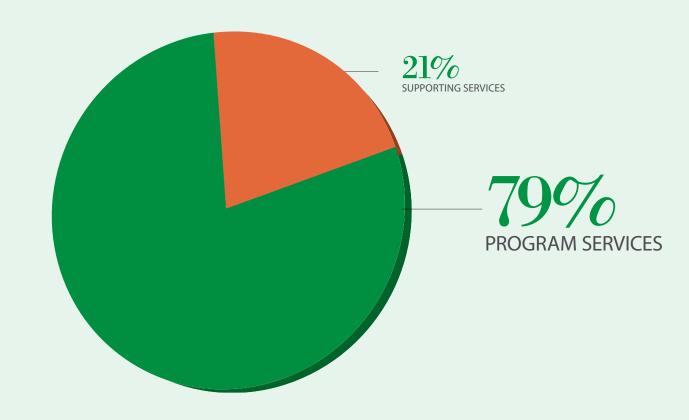
# KEY FINANCIALS AND METRICS

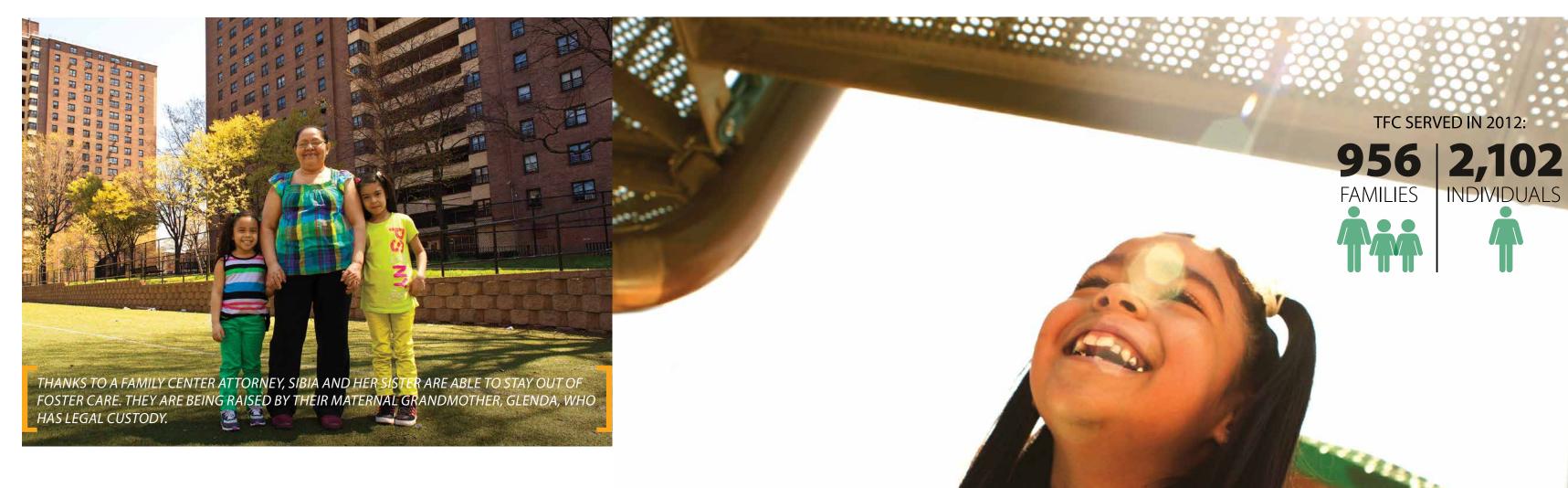
REVENUE AND OTHER SUPPORT	2011	2012
Government Grants	\$3,607,546	\$4,190,382
Foundation Income	\$620,921	\$665,979
Events and Other Income	\$93,840	\$110,777
Donations: Individual	\$146,481	\$109,956
Donations: Corporate	\$133,316	\$98,066
TOTAL REVENUE	\$4,602,104	\$5,175,160
EXPENSES		
PROGRAM SERVICES		
Social Services	\$2,541,913	\$2,360,025
Legal Services	\$396,224	\$520,513
Child Welfare	\$687,223	\$1,218,734
TOTAL PROGRAM SERVICES	\$3,625,360	\$4,099,272
SUPPORTING SERVICES		
General and Administrative	\$663,590	\$663,452
Fundraising	\$316,617	\$415,723
TOTAL SUPPORTING SERVICES	\$980,207	\$1,079,175
TOTAL EXPENSES	\$4,605,567	\$5,178,447
Change in Net Assets	\$9,470	\$737
Net Assets Beginning	\$3,163,398	\$3,172,868
NET ASSETS ENDING	\$3,172,868	\$3,173,605

# **REVENUE AND OTHER SUPPORT: 2012**



# EXPENSES: 2012





Sibia was eight years old in 2012 when her Ms. Gomez has joined the Adult Role Modmother, Suhanny, left for her native Honduras. Suhanny was dying of breast cancer and wanted to spend her last days in the country of her birth. Sibia's younger sister went to Honduras, but passport issues kept Sibia at home. Suhanny died soon after leaving the U.S. Sibia never got to say goodbye to her mother, and she struggles with her loss to this day.

# GETTING HELP FOR THE COURTS AND THE HEART

Thanks to a Family Center attorney, Sibia and her sister were able to stay out of foster care. They are being raised by their maternal grandmother, Glenda, who has legal custody. But Glenda noticed behavior issues in both girls following their mother's death, and she sought help from us. We set the family up with a social worker, who provides both individual and family counseling to help the family process their grief and transition into their new lives. As a family, they also participate in Parents and Children Together, a TFC art therapy group hosted by Free Arts NYC.

els program, which helps caregivers learn how to talk with children and teens about sex. Sibia has also been matched with a mentor through our Buddy Program. Recently, Sibia went with her Buddy to Take Your Mentee to Work Day. She was inspired and delighted to see her Buddy in action professionally. Sibia has also gone with her Buddy to the Museum of Modern Art, The Brooklyn Children's Museum, and Prospect Park.

# GOING BACK TO GO FORWARD

While Sibia has been participating in therapy and working through her grief, her passport issues have been resolved and she is able to travel internationally. Almost one year after losing her mother, Sibia can finally go, with her sister and grandmother, to Honduras. Although the trip will be sad in part, it will also be filled with the joy of connecting with family and being nurtured and supported by doting aunts, uncles, and cousins. Perhaps little Sibia will experience closure and feel able to move on with her life, just as her mother would want her to do.



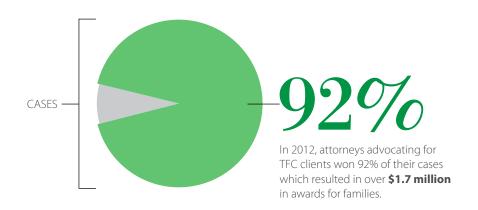
# WHERE YOUR MONEY GOES

When you support The Family Center, you support a person, a family, a community—you support New York City. Our services change the lives of children and families by providing networks of support for them. And everyone benefits when families are strong.

Here are some of the many ways in which your donation helps Families Stay Stronger, Longer.

DONATION	DONATION IN ACTION		
\$50	SCREENING AND TRAINING A BUDDY FOR A CHILD		
\$100	COUNSELING SESSION FOR A CHILD GRIEVING THE DEATH OF A PARENT		
\$250	LEGAL REPRESENTATION AT ONE FAMILY COURT APPEARANCE FOR THE NEW CAREGIVER OF A CHILD WHO RECENTLY LOST A PARENT		
\$500	PLAY THERAPY SUPPLIES FOR 10 FAMILIES AFFECTED BY CANCER AND HIV		
\$1,000	ONE CYCLE OF ADOLESCENT BEREAVEMENT GROUP SESSIONS		
\$2,500	LEGAL REPRESENTATION AND COURT FEES ASSOCIATED WITH PREVENTING EVICTION AND KEEPING A FAMILY IN THEIR HOME		
\$5,000	ONE YEAR OF GROUP THERAPY FOR A FAMILY OF FOUR		
\$10,000	TEST KITS TO SCREEN 1,000 PARENTS LIVING WITH DIABETES		

AS A BREAST CANCER SURVIVOR, I AM GRATEFUL TO THE FAMILY CENTER LEGAL SERVICES. THANKS TO THEM, I CAN SLEEP WELL AT NIGHT, KNOWING THERE'S A PLAN IN PLACE FOR MY DAUGHTER SHOULD ANYTHING HAPPEN TO ME. "ALANTHEIA PEÑA, BOARD MEMBER AND FORMER CLIENT



ne day in September 2012, Adonia, a young mother fearing for the safety of her children and her life, quietly packed up Julia, aged 2, and Joseph, aged 5, and fled her home while her husband slept. She had to escape the man who often assaulted her in front of the children. As an immigrant from Argentina, Adonia knew nothing about her rights as a wife and mother. She just knew she had to run.

# EXPERIENCING SAFETY AND SECURITY FOR THE FIRST TIME

Adonia was referred to The Family Center by a city agency, and Case Planner Jessica Negron was assigned to the family. Jessica began to help Adonia immediately, securing safe and appropriate housing and setting up family counseling. Julia and Joseph had intensive play therapy to address all the violence they had witnessed, while TFC educated Adonia about her rights.

officer, so he could "get a gun and shoot" his father.

To make matters worse for Joseph, his father tried to take him out of school without permission on several occasions. The Family Center stepped in and began an ongoing collaboration with the school to ensure Joseph's safety. At the same time, we matched Joseph with a mentor in our Buddy Program. Now, he experiences a positive, adult male role model with whom he talks and spends time. Our educational advocacy and therapy were effective, and Joseph's behavior began to improve. Thanks to counseling and spending time with his Buddy, Joseph now has a loving, strong relationship with both parents.

# ADONIA FINDS STRENGTH AND A POSITIVE NEW OUTLOOK

With the help of The Family Center and Jessica, Adonia has learned to advocate for herself and her family. She has become so empowered by working

with us that she has begun a legal petition to receive child support for her children. Adonia says with pride, "Before I came to The Family Center, I considered myself a victim. Now I know that I am a strong survivor." We know how brave

she is, and we are proud of her, too! We also know that the strength Adonia has gained over the past year will sustain her and her children as they move forward.

# FINDING THE COURAGE TO BECOME A SURVIVOR

# JOSEPH STRUGGLES, BUT FINDS HIS WAY

Joseph had a difficult time understanding and adapting to his new situation. He was confused and angry. Court-ordered visits with his father upset him greatly, and after the visits, he would be physically aggressive toward his mother. Once, he came home from a visit and said he wanted to become a police









In 2012,
TFC Served its
10,000th
Client.

IT WAS A HARD TIME FOR ME, BECAUSE MY MOM WAS SICK AND IN AND OUT OF THE HOSPITAL. BUT MY BUDDY WAS SOMEONE I COULD TALK TO, AND THE FAMILY CENTER WAS ALWAYS THERE FOR ME. :: ERICA

TLE GIRL GROWS UP STRONG

rica, 24, was mommy's little girl. She and her mother were inseparable and simply adored each other. Because a brother with extreme special needs had to live apart, Erica experienced life as an only child, and she and mom Adrianna were best friends. But Adrianna was terminally ill and her health was declining; she knew she would not always be around for her little girl. When Erica was 8, Adrianna enrolled with The Family Center to obtain vital health and legal services. To assure that Erica would always be taken care of, Family Center attorneys helped Adrianna create and execute guardianship papers, for which a beloved aunt was chosen. At the same time, Erica was paired with a TFC Buddy and found great comfort in having someone to turn to as her mother grew sicker.

# LEARNING ABOUT LIFE WHILE HAV-ING A LITTLE FUN

The Family Center also sent Erica to camp for three summers in a row. She fondly remembers horseback riding, swimming, and socializing with lots of kids her age. Having grown up as an only child, she also learned the valuable lessons of sharing and negotiating social situations. And during those busy, action-filled summers, Erica found her tenacity and strong spirit.

Erica and Adrianna had 4 more years together, but the loving little girl was just 12 when she lost her devoted mother. She moved to Virginia to live with her aunt, who showered her with affection and support as they both moved through their grief.

# THE ESSENCE OF TFC IN ACTION

Today, Erica is a productive member of the community. She works at New York University Medical Center and is studying for a Bachelor's degree in health-care management. She readily acknowledges the positive effect of TFC on her life, which she demonstrates by paying it forward. Five months ago, her brother became a father. Unfortunately, neither he nor the baby's mother is able to take care of the baby, but Erica has stepped in to do so. Scooping up nephew Noel from the hospital a few days after he was born, Erica is bravely stepping up to the task of being a working mother. She laughs and sighs at the same time when she says, "It hasn't been easy, but every time Noel looks up at me and smiles I'm reminded of how blessed I am to have him in my life." Erica will take wonderful care of this little boy, because she knows firsthand the extraordinary, positive impact of supporting a young life.

# DONORS TO TFC WHOSE GENEROUS GIFTS WERE RECEIVED BETWEEN JULY 1, 2011 AND JUNE 30, 2012.

\$400,000+

Robin Hood Foundation

\$75,000-\$125,000 Deerfield Partnership Foundation

The Greater NYC Affliliate of Susan G. Komen for the Cure

\$10,000-\$30,000

Amy Yates Capone and MichaelCapone Credit Suisse Americas

Foundation Duane Reade Charitable

Foundation The Ford Foundation Highbridge Capital Management

Joseph Tringali, Esq. Judges and Lawyers Breast Cancer

The Seventh District

Foundation Sullivan and Cromwell LLP

\$5,000-\$9,999 Shamoun Afram

Broadway Cares/ Equity Fights AIDS Children Affected by AIDS

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The First Presbyterian Church Gibson Dunn and Crutcher LLP

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\$2,500-\$4,999

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\$1,000-\$2,499

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> Foundation Elijah Dowling Jennifer Drag Christine Durand Thomas Durand Joseph Dwyer

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Deirdre Fennessy Kathleen Fennessy Lucia Ferraiuolo Beth Flom James Follette Elizabeth Frenchman Brian Gallagher Ivy Gamble Cobb Caroline Gielkens Marya Gilborn Gary Ginsberg

Goldman Sachs

Antonio Gonzalez

Drew Going

Inez Gonzalez Peter I Gordon Olga Gordon

Lorraine and Michael Grodio Michael Grudzinski Sten Gustafson

Gregg Haifley Courtney Hall and LaShann DeArcy

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Katherine Whelan Cathleen Whelan Brian Whelan Christian Wikane Alissa Williams Kim Willis

Kellye Wulfers Nancy Yates Stephanie Yee Cheng Yu \$10 - \$100Dawn A De Leo

Lindsey Wilson

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